



April 21, 2021

Issue 21

Valuable Resources

[Humboldt Healthcast Podcast](#)

[Medication Disposal Locations](#)

[Humboldt County Treatment Options](#)

[Where to get Naloxone](#)

[North Coast Resource Hub](#)

Upcoming Events

Rx Safe Humboldt Coalition Meeting

Friday April 23, 2021 at 8:30am

[Zoom meeting Link](#)

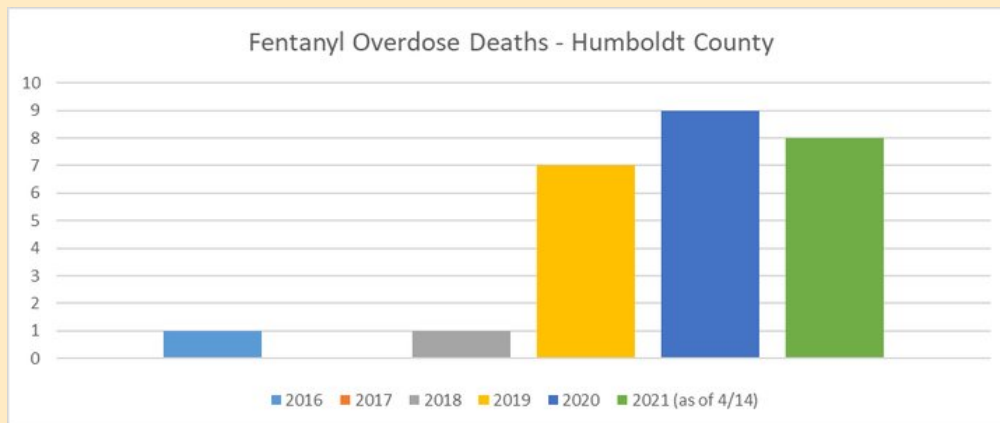
Tribal/Urban Indian Provider Training:

Addressing Stimulant Use

Tuesday April 27, 2021 at 9-11am

[Register Here](#)

[Printable Flyer](#)



On April 14th, the Humboldt County Sheriff's Office reported a substantial increase in Fentanyl Overdose deaths in Humboldt County. The full press release can be found [here](#).

Fentanyl is a synthetic opioid and a Schedule II narcotic that is approximately 100 times more potent than morphine and 50 times more potent than heroin. Fentanyl is often added to heroin and other drugs to increase their potency and can cause accidental overdose.

Overdose is preventable.

Always carry Naloxone/Narcan. Information on where to get a free Naloxone kit can be found [here](#).

Opioids in the News and Other Important Information

[Humboldt County Fentanyl Overdoses at Staggering Rate in 2021](#); Fentanyl found in 14.7 percent of SUD deaths in 2020. Humboldt County is in the



midst of a surge of fentanyl-related overdose deaths, alarming local officials who have long braced for the powerful opioid's impact on the North Coast.

[CDC reports drug Overdose Deaths Have Surged During the Pandemic:](#)
The latest numbers surpass even the yearly tolls during the height of the opioid epidemic and mark a reversal of progress against addiction in recent years.

Additional Items:

Looking for participants to complete surveys around substance use disorder screening status. The survey for community organizations and social services can be found here: [Discovery Survey for Non-Healthcare Organizations \(Social Services, Community Based Organizations, Law Enforcement, etc.\)](#). The survey for healthcare/medical providers can be found here: [Discovery Survey for Healthcare Organizations](#).

Rx Safe Humboldt and the Humboldt Community Health Trust will be launching a work group focused on youth SUD treatment. Please contact Jessica or Rosemary if you are interested in participating! Josborne@humboldtipa.com or rdenouden@humboldtipa.com

[Med-Project](#) is directly involved with [SB 212](#), which is the legislation regarding producer responsibility and medication and sharps disposal. Med-Project can provide new disposal bins for qualifying Humboldt County locations and can transition our current [medication disposal bins](#) to Med-Project bins, which will ensure the long term sustainability of medication disposal in Humboldt County.



For more information about Med-Project see their [website](#).



The North Coast Health Improvement and Information Network Announces the Launch of the North Coast Resource Hub

The North Coast Health Improvement and Information Network (NCHIIN) is pleased to announce the launch of the [North Coast Resource Hub](#).

The North Coast Health Improvement and Information Network has partnered with the Rx Safe Humboldt Coalition to add [The Alternative Pain Management Resource Guide](#) to the North Coast Resource Hub. The North Coast Resource Hub has added additional functionality to the Alternative Pain Management Resource Guide that you will most certainly find extremely useful. The Coalition will continue to periodically produce a hard copy guide for distribution. If you are interested in receiving hard copy booklets please contact the Coalition for information.



MAT ECHO® - Fentanyl Facts

Monday, April 26th, 2021, 12 – 1pm PDT – [Register here](#)

Attention Providers: Do you have a clinical question for an upcoming ECHO® session? Case-based learning is the foundation of the ECHO® program and provides an opportunity to receive input on a patient's care plan from a multidisciplinary team. Please fill out the corresponding form below and contact Gloria Miele if you have a clinical question for a future

Tribal MAT ECHO® Clinical Question Template
MAT ECHO® Clinical Question Template

Humboldt Healthcast

Be a part of the good...



A Program of the [Humboldt IPA](#)

Humboldt Healthcast podcast

The latest Episode of Humboldt Healthcast is live
'Eat Your Veggies!'

Coming up on the podcast

What would you tell your younger self? We are asking community members to record a message telling us what advice you would give your younger self.

We want to hear from you! Call **707-382-4226**

The topic could be one of these or something completely different - Relationships - Regrets - Career advice - Going through puberty - Self confidence - Body image - Substance use.

The Priority Care Center Addiction Services are now open.

The Priority Care Center is now offering Medical and Behavioral treatment services for addiction. Treatment for addictions can include the use of medications in combination with counseling.

Services offered include treatment for alcohol use disorder, opioid use disorder, stimulant use disorder, tobacco cessation, cannabis use disorder and benzodiazepine use disorder.

The Priority Care Center offers addiction services for patients over the age of 16 with the following health insurance plans:

- Anthem PPO & HMO
- Blue Shield HMO
- Blue Lake Rancheria

For more information call 707.267.9604 or click [here](#) for referral information. Patients can self-refer as well.

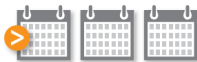
[See Brochure Here](#)

More than 1 in 10



American adults experience chronic pain

»» Chronic pain is defined as pain that lasts >3 months



One on One Provider Training

Our team of opioid and chronic pain trainers have been making the rounds all over Humboldt County to support providers. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder Management. We are available

to meet one-on-one or in a group setting like an all-staff meeting. We tailor our discussion to fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by [email](#).

Rx Safe Humboldt and the **Humboldt Community Health Trust** are teaming up to bring you the most up to date news and information regarding Opioids and other Substance Abuse

issues. This comprehensive newsletter will also highlight some of the work that both of these groups are doing across Humboldt County and the North Coast.

If you would like to submit information for this newsletter or have questions about the Humboldt Community Health Trust or Rx Safe Humboldt please contact Rosemary DenOuden at rdenouden@humboldtipa.com or Jessica Osborne-Stafsnes at josborne@nchiin.org

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