



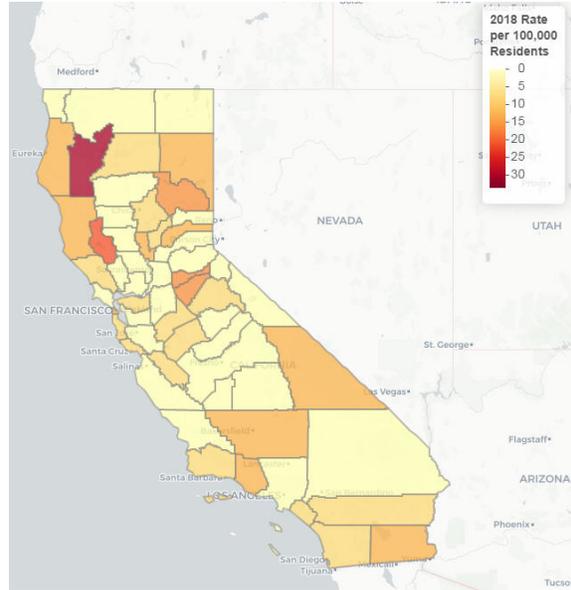
August 20, 2019

Issue 13

California Opioid Overdose Surveillance Dashboard 2018 Preliminary Data Results are in!

Humboldt County Opioid Overdose Death Rate Continues to Decline

Since 2016 Humboldt County has had the second highest rate of overdose deaths due to opioids. Data just released on the [CDPH Opioid Dashboard](#) indicates that Humboldt Counties overdose rate has declined significantly and it now places Humboldt as the 11th highest. The California age-adjusted rate per 100,000 residents for opioid related overdose deaths is 5.54. The preliminary 2018 rate for Humboldt is 10.52. In 2016 the Humboldt County rate was 22.35.



Additional data on the dashboard shows declines in the overall opioid prescribing rate as well. In 2018 the age-adjusted rate of opioid prescribing per 1,000 residents in Humboldt County was 762.25 compared to 869.42 in 2017.

We still have a long way to go to reach our overall goal of Zero Overdose Deaths, but thanks to all the hard work of the Coalition partners and many others, we are on our way.

Valuable Resources

[Weitzman Institute: Pain and Opioid Education and Support](#)

[Safe Prescribing Guidelines](#)

[Medication Disposal Locations](#)

[CHCF Issue Brief: MAT for Opioid Use Disorder overcoming objections](#)

[Paid training opportunity for individuals to become certified drug and alcohol counselors](#)

[Humboldt County SUD Treatment Options](#)

Upcoming Events

Rx Safe Humboldt Coalition Meeting
Friday August 23 at 8:30 am
at Hospice of Humboldt

[Overdose Awareness Day Event
August 31, 2019 1:00pm](#)

[Food as Medicine Conference:
Exploring ~ Connecting ~ Celebrating
September 13, 2019](#)

[The Connection Calendar of Free
Weekly Classes](#)

[Our Pathways to Health Workshops](#)

Humboldt County Substance Use Disorder (SUD) Projects Update

Rx Safe Humboldt and The Humboldt Community Health Trust (HCHT)

Over the past several months, work of the HCHT and the Coalition has focused on collaborating with the Department of Health and Human Services to host conversations on universal screening and assessment for SUD in Humboldt County, an effort sponsored by Health Management Associates through the State Opioid Response grant program. The screening and assessment tools have been identified and agreed upon and now the three organizations are planning how to implement these across our community. These tools are

- Screening: [CAGE-AID](#), [NIDA Quick Screen](#), [4P's \(Perinatal Population\)](#)
- Assessment: [ASSIST](#)

The HCHT has also begun convening the Partner Network, a group of stakeholders whose work is represented in the Portfolio of Interventions: the HCHT's living document of priorities across clinical, community, environment, and policy fields. By bringing together partners represented in this work, the HCHT seeks to identify opportunities for alignment, collaboration, and partnership.

Rx Safe Humboldt Naloxone Distribution and Training workgroup recently reported data from January 2018 through July 2019 from the work that is being done by the Humboldt County Public Health department and the Humboldt Area Center for Harm Reduction (HACHR).

- Total Naloxone Kits distributed - 4,765
- Total reported overdose reversals - 438

Humboldt Allies for Substance Abuse Prevention (ASAP) is a coalition of local organizations and individuals dedicated to reducing and preventing substance abuse in Humboldt County. Recently, two coalition members have attended a training academy in Seattle funded by the coalition's Drug Free Communities grant. Through the academy, coalition members are learning about valuable tools related to maintaining a highly effective prevention coalition, such as: community assessments, logic model development, problem analysis, and strategic planning. Other activities include outreach to the City of Arcata to explore interest in a social host ordinance, and the recent screening of "Written Off," a documentary on the impacts of opioid addiction. ASAP always welcomes new members. If you are interested in joining, please contact Beth Wells at bwells@co.humboldt.ca.us. For additional information, please visit the [ASAP webpage](#) or [Facebook](#)

The Perinatal SUD Project is a community effort with the goal of improving health outcomes for pregnant women with substance use disorder through universal screening in the perinatal setting, linkage to a Care Navigator to access community resources, increasing access to Medication Assisted Treatment (MAT) and providing education on cannabis use during pregnancy and breastfeeding. Recent work has been around the development of public-facing education materials on cannabis, an effort led by the Public Health department. The Perinatal Care navigator has been serving clients through St. Joseph Hospital Care Network program, with hopes to accept referrals from outside the hospital once regulatory details on the consent process are met. A mobile-friendly resource guide focused on the perinatal population, tailored for case manager use, is also in development by NCHIN. For more information, please [click here](#) to visit our webpage.

The Humboldt Harm Reduction Coalition needs your help. They are actively looking of artists to participate in their [Logo Design Contest](#). The deadline for submissions has been extended to August 27th, 2019 at 5:00pm. Winners will be announced at the [Overdose Awareness Day event held on August 31, 2019](#). For more on the Logo Design Contest or the Harm Reduction Coalition information contact Humboldthrc@gmail.com

New Treatment: Mom Instead of Morphine

Experts in Humboldt County changed the way they treat newborns dependent on opioids. The babies spend less time in the neonatal unit and receive less medication.



When babies are born dependent on opioids, typically they are whisked away from their mothers, put into the neonatal intensive care unit (NICU), dosed with morphine to get them through withdrawal, and gradually weaned off the drug—a process that can take weeks.

[Read More](#)



NATIONAL ACADEMY OF MEDICINE

Leadership • Innovation • Impact | *for a healthier future*

Tapering Guidance for Opioids Existing Best Practices and Evidence Standards

The National Academy of Medicine Webinar

[Click to View!](#)

Job Opportunities

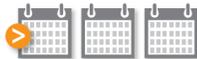
- [Program Coordinator - Road to Resilience Project Director - First 5](#). The County of Humboldt has extended the application deadline to August 29, 2019 for this position.

More than 1 in 10



American adults experience chronic pain

>> Chronic pain is defined as pain that lasts >3 months



Academic Detailing

Our team of opioid and chronic pain academic detailers have been making the rounds all over Humboldt County to support physicians. Our curriculum spans topics such as: Informed consent, Assessments, Prescription Drug Monitoring Program (CURES), Naloxone, and Opioid Use Disorder

Management. We are available to meet one-on-one or in a group setting like an all-staff meeting. We tailor our discussion to fit the time you have available, from 15 minutes to 1 hour, we are willing to meet you where you are at.

If you or someone you know is interested in talking with our team of academic detailers, please contact Dr. Mary Meengs by [email](#).

Rx Safe Humboldt and the **Humboldt Community Health Trust** are teaming up to bring you the most up to date news and information regarding Opioids and other Substance Abuse issues. This comprehensive newsletter will also highlight some of the work that both of these groups are doing across Humboldt County and the North Coast.

If you would like to submit information for this newsletter or have questions about the Humboldt Community Health Trust or Rx Safe Humboldt please contact Rosemary DenOuden at rdenouden@humboldtipa.com or Jessica Osborne-Stafsnes at josborne@nchiin.org

[Join our Mailing List](#)